

Mugwort

Artemisia vulgaris (Family *Asteraceae*)



An old herb traditionally added to roast goose. Due to the bitter substances, fatty food can be digested better. Also a wild herb - iced tea is very tasty with it.



Cracked inflorescences with inconspicuous partial flowers. The leaves are partly multiform, but the underside is always gray-felted.



This plant was dedicated to the goddess of the forest and hunting - Artemis. Among the Germanic people, Thor had a belt of strength, which was woven from mugwort.



Mugwort can be confused with ragweed - species, This plant native to North America can cause severe allergies and skin irritations. Here is a link: <http://www.ambrosiainfo.de> In addition, the leaves could be confused with those of the highly poisonous aconite. However, the latter has large, bell-shaped flowers.